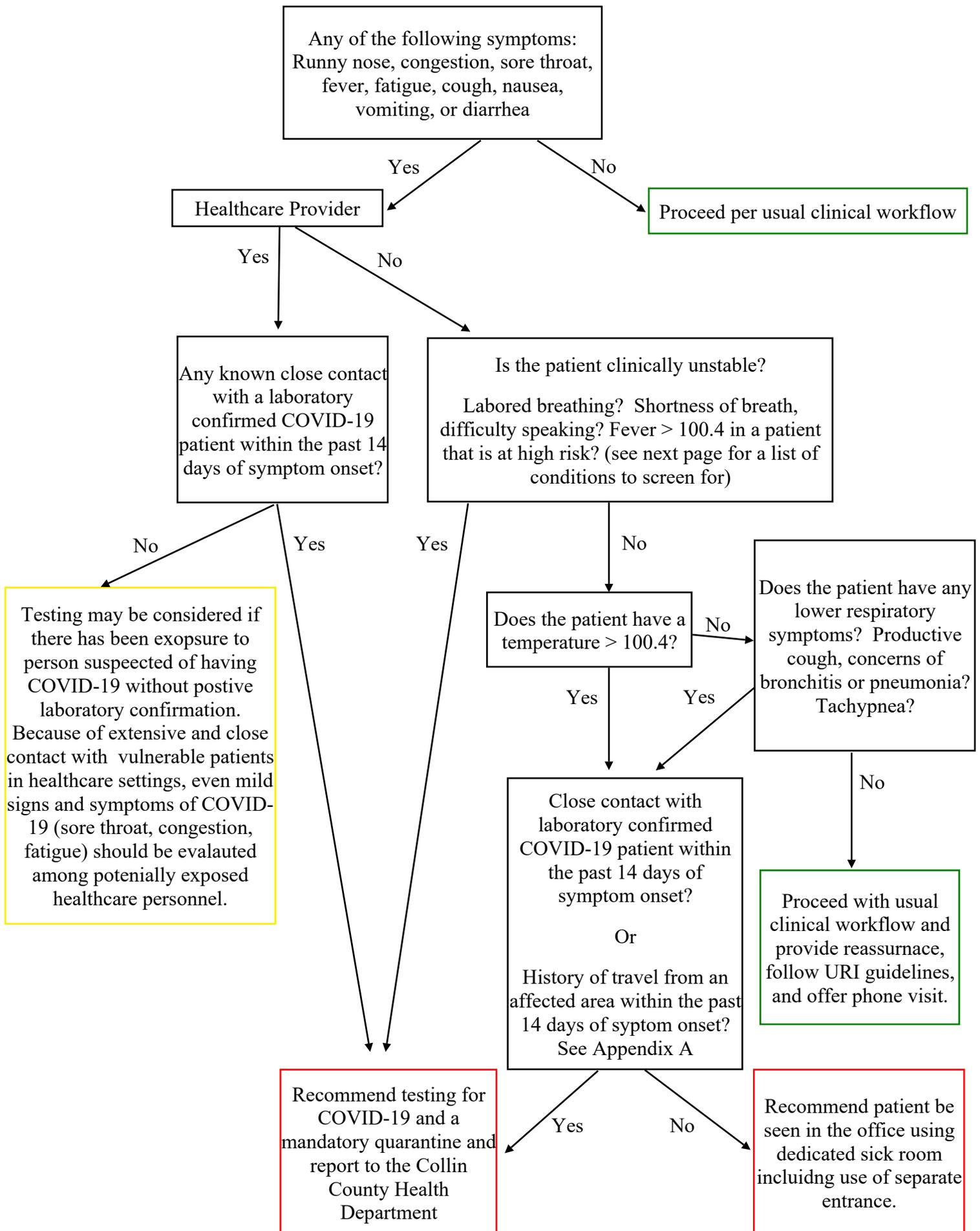


Personal MD Screening Protocol for URI/LRI



Appendix A: Personal MD Protocols for patients at risk of COVID-19

Current areas of concern for a patient that has traveled in the past 14 days or been contact with a person that has traveled:

Iceland, China, South Korea, Sweden, Norway, France, Spain, Italy, Ukraine, Belarus, and Greece.

Also, patients that have been on a cruise, Santa Clara, CA, Seattle, WA, New Rochelle, NY, Florida, and Massachusetts.

Guidelines for rooming and examining a possible COVID-19 patient

Wear a lab coat or gown dedicated to the sick area.

Wear a mask with eye protection when interacting with a patient. Use a mask with a respirator if possible, however, any mask will help protect the wearer from splashes and sprays.

Wear gloves or wash hands before and after examining the patient.

Clean high touch areas and dedicated medical supplies with approved disinfectant after any patient is seen in our dedicated sick room.

Underlying medical conditions that may increase the risk of serious COVID-19 for individuals of any age.

- Blood disorders (e.g., sickle cell disease or on blood thinners)
- Chronic kidney disease as defined by your doctor. Patient has been told to avoid or reduce the dose of medications because kidney disease, or is under treatment for kidney disease, including receiving dialysis
- Chronic liver disease as defined by your doctor. (e.g., cirrhosis, chronic hepatitis) Patient has been told to avoid or reduce the dose of medications because liver disease or is under treatment for liver disease.
- Compromised immune system (immunosuppression) (e.g., seeing a doctor for cancer and treatment such as chemotherapy or radiation, received an organ or bone marrow transplant, taking high doses of corticosteroids or other immunosuppressant medications, HIV or AIDS)
- Current or recent pregnancy in the last two weeks
- Endocrine disorders (e.g., **diabetes mellitus**)
- Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
- **Heart disease** (such as congenital heart disease, congestive heart failure and coronary artery disease)
- **Lung disease** including asthma or chronic obstructive pulmonary disease (chronic bronchitis or emphysema) or other chronic conditions associated with impaired lung function or that require home oxygen
- Neurological and neurologic and neurodevelopment conditions [including disorders of the brain, spinal cord, peripheral nerve, and muscle such as cerebral palsy, epilepsy (seizure disorders), stroke, intellectual disability, moderate to severe developmental delay, muscular dystrophy, or spinal cord injury].